

## A GUIDE TO NAVIGATING YOUR NDIS SCHEDULED PLAN REVIEW



Getting the best out of your plan isn't always easy.

With more than 20 years of combined experience in the disability sector, Civic's NDIS team is on hand to guide you through the process and assist in maintaining and maximising support available to you.

### Civic will provide:

- ✓ Copy of your Current Service Agreement
- ✓ Progress Report – Civic NDIS Client Goal and Outcome Action Plan
- ✓ Statement of Supports – a summary of supports provided by Civic that will include service times/days

### In advance of your meeting:

- ✓ Contact your Support Coordinator, if you have one, who can assist you to prepare for the meeting
- ✓ Review your goals and think about what you have already done and what you would like to achieve in the next 12 -24 months
- ✓ Think about what supports you will need to achieve these goals
- ✓ Collect any supporting documentation – e.g.
  - Mental Health Plan
  - Medical reports
  - Allied Health Professional reports
- ✓ Prepare a list of mainstream supports you currently receive. This would include medical practitioners (include name and contact details)
- ✓ Take a list of your informal supports - e.g. family and friends who support you
- ✓ Obtain a copy of the Service Agreement from all providers which currently provide you with services
- ✓ Consider reasons why you may not have used all your funding
- ✓ Reflect on whether any changes have occurred in your life that have impacted your support needs
- ✓ If you have not yet provided evidence of a formal diagnosis, you will need to provide an assessment or report from your medical practitioner or Allied Health Professional

For further information email [enquiries@civic.org.au](mailto:enquiries@civic.org.au) or call **1300 692 484**.